## Felix Ventures Foundation 10+ Essentials Checklist

## When hiking away from your base for any significant amount of time or for any meaningful distance, you will <u>ALWAYS</u> have with you the following items:

-DAY PACK (will contain all of the following items)

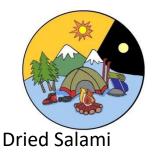
- 1. U Water Bottle (Dishwasher Safe, 32 oz 36 oz)
- 2. Lighter FVF \$1.00 / Waterproof matches / Waterproof match container
- 3. 🗌 Pocket Knife (A sharp, 3-inch blade max. length)
- 4. 40-60 gal. Drum Liners / Construction trash bag (3-5 Mil. thick) <u>2 Required FVF \$.50</u>
- 5. Nylon Cord / ParaCord (300-500 lb tested) 50ft Required-100 ft max. FVF \$3.00
- 6. Duct Tape (Tip: roll onto a pen, lighter or hiking stick) 6 ft Required FVF \$.75
- 7. Uhistle FVF \$1.50-\$2.00
- 8. Signal Mirror (Tip: Makeup Compact)
- 9. 🗌 Travel size First Aid Kit
- 10. Emergency Foil Blanket FVF \$1.00
- 11. Beanie (Recommend: Synthetic Blend or Wool) FVF \$1.00-\$2.00

Tuna Packets

- **12.** Gloves (Recommend: Synthetic Blend or Wool)
- 13. U Windbreaker / Rain Jacket
- 14. Emergency Food (Check Lunch Idea Handout)
- **15.** Urist Watch (not your cell phone)
- **16.** Flashlight (bring extra batteries)
- 17. Compass\*
- 18. Topographic Map\*

**\***= NOT REQUIRED BUT RECOMMENDED

## Also, for Sale: Batteries AA or AAA – 3 for \$1



For help or questions regarding any items Call Eric Duran (626) 388-6801

Chicken Packets

Beef Jerky



Top Ramen(Dry)



Power bars

Oh Boy



Granola Bars

Cliff Bars



Trail Mix



Dried Bananas

Prunes & Raisins







Treats





