

Felix Ventures Foundation

10+ Essentials Checklist

When hiking away from your base for any significant amount of time or for any meaningful distance, you will **ALWAYS** have with you the following items:

-**DAY PACK** (will contain all of the following items)

1. Water Bottle (**Dishwasher Safe, 32 oz - 36 oz**)
2. Lighter **FVF \$1.00** / Waterproof matches / Waterproof match container
3. Pocket Knife (A sharp, 3-inch blade max. length)
4. 40-60 gal. Drum Liners / Construction trash bag (3-5 Mil. thick) **2 Required** **FVF \$0.50**
5. Nylon Cord / ParaCord (300-500 lb tested) **50ft Required-100 ft max.** **FVF \$3.00**
6. Duct Tape (Tip: roll onto a pen, lighter or hiking stick) **6 ft Required** **FVF \$0.75**
7. Whistle **FVF \$1.50-\$2.00**
8. Signal Mirror (Tip: Makeup Compact)
9. Travel size First Aid Kit
10. Emergency Foil Blanket **FVF \$1.00**
11. Beanie (Recommend: Synthetic Blend or Wool) **FVF \$1.00-\$2.00**
12. Gloves (Recommend: Synthetic Blend or Wool)
13. Windbreaker / Rain Jacket
14. Emergency Food (Check Lunch Idea Handout)
15. Wrist Watch (not your cell phone)
16. Flashlight (bring extra batteries)
17. Compass*
18. Topographic Map*

* = NOT REQUIRED BUT RECOMMENDED

Also, for Sale: Batteries AA or AAA – 3 for \$1

For help or questions regarding any items
Call Eric Duran (626) 388-6801

Chicken Packets

Tuna Packets

Beef Jerky

Dried Salami





Top Ramen(Dry)



Power bars



Granola Bars



Cliff Bars



Gouda Cheese



Dried Bananas



Prunes & Raisins



Trail Mix



Treats

