



Backpack Training #1

Cooper Canyon Trail Camp

Saturday April 6, 2024 at 6:00 A.M – Sunday, April 7, 2024 at 5:00 P.M

Agenda

1. Important Dates and Information
2. Hiking rules
3. Policies
4. Itinerary
5. List of what to bring (Packing List)
6. FVF Policies Review
7. Contact Information

1) Important Dates and Information

We will be meeting at WOHS Parking Lot on Saturday April 6, 2024 @6:00 AM to leave by 6:45 am arriving back at WOHS on Sunday, April 7, 2024 for ventures to be picked up by 5:00 PM.

Permission Slips and Cancellation Deadline: Tuesday April 2nd @ 11:59 PM

You may take a picture, scan, or upload your PS and email it to fvfofficers@gmail.com any issues text **SPL**

Ten Essentials due: Tuesday. April 2nd @ 11:59 PM

Take a picture of your 10+ Essentials and email them to our fvfofficers@gmail.com

Food & Supplies Shopping (SPL's)	Date: Friday April 5th	Time: 11 am- 2 pm
Equipment Check (Quartermasters)	Date: Friday April 5th	Time: 9 am - 11 am
Zoom Driver Meeting	Date;Friday April; 5th	Time: 7:30 pm
Pack Inspection Day (SPL's/Treasurer/Presidents)	Date: NONE	Time: NONE
Equipment Cleaning Day (Quartermasters/Presidents)	Date: Monday, April 8th	Time: 3:30 pm -6:00 pm

2) Hiking Rules

Hiking Rules

When hiking, always assign a HEAD and TAIL, preferably with prior backpacking experience that will hike at a comfortable pace and will keep the group moving together. It's recommended to have a strong hiker as a TAIL, and a slower as a HEAD. Venturers should keep the distance between hikers to a minimum, and can only really move as fast as their slowest hiker. No one ever passes the HEAD or falls behind the TAIL. If an injury / situation occurs the TAIL will make the decision to alert the

group to attend to a serious injury/situation or take care of it on their own. The TAIL will eventually catch up to the group because the HEAD **MUST** always stop hiking at a:

1. Fork in the road
2. Stream crossing
3. Assigned time

Transportation: We will have transportation for the first 15 ventures who turn in all their paperwork. You are welcome to provide your own transportation. Adults who wish to attend must turn in all adult forms. Adults that provide transportation for venture/s will get a gas refilled as well as breakfast, dinner, and all equipment needed for the trip.

3) Policies

THE VENTURERS' PLEDGE

On my honor I pledge to live my life in accordance with This Pledge and the Venturer's Law, And to treat every person as I would like to be treated; To strive to be the best person I can be, To be a devoted member of my family, my school, my community and My Country; and To keep myself clean and strong mentally, physically and morally.

Lost and Found Policy

- Anything left behind on trips will go to the Felix Ventures Lost and Found, you have 7 days to claim your things before it's donated to the Salvation Army.

Electronics Policy

- I. No use of phones, iPod, or gaming devices allowed DURING any FV activities.
- II. Phone use is only allowed in the cars/ to take pictures

Damaged Equipment/Loss Policy

- We have checked all of our equipment. (What's broken, fixed, and etc.) You must return given equipment in the same condition it was given to you . After several you will be. Once you've reached the maximum number of warnings, you must bring your own equipment.

Ten Essentials Policy:

- On pack inspection day, we will check everyone's ten essentials, Ventures are required to bring all ten essentials to every FV trip (unless told otherwise). If you are missing any ten essentials you may purchase them from FV or obtain them by July 31st (loading day)

Cleaning Cars Policy:

- After all Felix Ventures activities. Venturers are required to clean (vacuum) the vehicle used for the activity. You cannot get picked up until it is DONE.

Download Felix Ventures Permission Slips:

- First come first serve basis! Must have all your paperwork turned in!

****If you can no longer attend the trip, for any reason, you must cancel within 72 hours of the trip. Canceling after 72 hours before the trip will receive negative points****

4) Itinerary:

Saturday, April 6th:

6:00 am- 6:45am	Load Up/ Count off
6:45 am- 9:00 am	Drive to Angeles Crest Hwy Pacific, Crest Trail, Pearblossom, CA 93553
9:00 am- 11:00 am	Count off start trail to camp
11:00 am 12:00	Set up camp
12:00p 12:30	Hike from Trooper canyon Trail camp to Cooper Canyon Trail Falls
12:30pm 4 pm	Have lunch/ enjoy water play area
4:00 pm - 4:30	Hike back to camp
4:30pm - 5:00 pm	Set up for Dinner/ Cook Dinner
6:00- 7:30 pm	Eat Dinner/Clean up
	<i>Confirmation Clean-up:</i>
7:30-9:00 pm	Free Time
9:00	Quiet Time
	<i>Make sure that everyone set-up their sleeping area and is ready for bed (brushed teeth, changed clothes, etc.) prior to bedtime.</i>
10:00pm	Sleep Time
	<i>Confirm that all venturers are at camp and are in the correct areas (girls and boys separate) by counting heads. Make sure everyone is sleeping properly and that sleeping bags are being used properly.</i>

Staff Confirmation:

Venturer Confirmation:

Sunday March 23rd:

7:00am-7:30am	Wake Up/Get Ready for the day
7:30am-8:30am	Cook Breakfast
8:30am-9:30am	Eat Breakfast/Clean up
	<i>Confirmation Clean-up:</i>
9:30am-10:30am	Take Down Camp/ Count off
10:30 am-12:30 pm	count off head and tail start trail back to cars
12:30am- 1:30pm	count off/ head to campus
1:30 pm 2:30	Stop for lunch on the way to campus (bring sack lunch or money for lunch)
2:30- 3:30	Drive to WOHS
	<i>Have plan ready to check -in equipment prior to school arrival</i>

3:30- 4:45 pm
5:00 pm

Car Cleaning, Equipment Check-in
Venturer Pick-up

1. *Make sure to send debrief link to all attendees (venturers and adults)*
2. *Make sure to send google photo link to all attendees that took pictures with their own cameras to upload*
3. *Get Volunteers for Equipment Cleaning*

4) Packing List

Clothing:

1. Sweater (it will be cold)
2. Windbreaker (It is windy) or Rain Jacket
3. 2 extra shirts (Athletic Material, Long sleeved recommended)
4. 3 pairs of socks
5. 2 warm Long pants or sweats (Layers: jeans not recommended)
6. Extra Underwear
7. Comfortable shoes for hiking
8. Swim clothes/ towel/sandals
9. Gloves, Beanie/ Hat (It will be cold at night.)
10. PJ's

Things to Bring for Camp:

1. Bowl and utensils (Example: Tupperware or plastic bowl/plate. NO DISPOSABLE PLATES OR FORK/SPOONS)
2. 2 Sack Lunches one for Saturday one for Sunday or \$\$\$ for Lunch on the way Back Home
3. Sandals/Slippers (to let shoes air out)
4. Sleeping bag>. Optional blanket & pillow food extra comfort
5. ALL Ten Essentials (See 'Ten Essentials' hand out located on the FVF website: [Felixventures.org Documents tab](http://Felixventures.org/Documents))
6. \$10 Emergency Money
7. Toiletries (Toothbrush, toothpaste, hair brush or comb, face wash, hair ties, baby wipes or hand sanitizer, toilet paper (put in a ziploc bag), lotion, Chapstick, deodorant, menstruation products)
8. 2 Grocery Bag For dirty wet clothes/ Trash
9. Wipes for cleaning hands and body throughout the trip when away from camp
10. Chapstick
11. Car snacks
12. Medication: If needed

Ten Essentials: DAY PACK (will contain all of the following items)

1. Water Bottle (Dishwasher Safe, 32 oz - 36 oz)
2. Lighter *FVF \$1.00* / Waterproof matches / Waterproof match container
3. Pocket Knife (A sharp, 3-inch blade max. length)
4. 40-60 gal. Drum Liners / Construction trash bag (3-5 Mil. thick) 2 Required *FVF \$.50*
5. Nylon Cord / ParaCord (300-500 lb tested) 50ft Required-100 ft max. *FVF \$3.00*
6. Duct Tape (Tip: roll onto a pen, lighter or hiking stick) 6 ft Required *FVF \$.75*
7. Whistle *FVF \$1.50-\$2.00*

8. Signal Mirror (Tip: Makeup Compact) *FVF \$1.00*
 9. Travel size First Aid Kit *FVF \$3.00*
 10. Emergency Foil Blanket *FVF \$1.00*
 11. Emergency Food (Check Lunch Idea Handout)
 12. Wrist Watch (not your cell phone)
 13. Flashlight (bring extra batteries)
 14. Compass*
 15. Topographic Map*
- * NOT REQUIRED BUT RECOMMENDED*

Optional:

1. Camera
2. HOMEWORK (Yes, you will have time to do it!)
3. Sunblock
4. Sun Hat
5. Sun Glasses
6. camp chair

Weather: Please confirm weather on your own before packing

5) FVF Policies Review

LOST AND FOUND POLICY: Anything left behind on trips will go to the Felix Ventures Foundation Lost and Found. You have 7 days to claim your things before it is donated to the Salvation Army.

ELECTRONICS POLICY: No use of Phones, iPods, or Gaming Devices allowed DURING any FVF activities. Phone Use will ONLY be allowed in case of emergency. (EXAMPLE you got lost in the trail)

DAMAGED EQUIPMENT/LOSS POLICY: We have checked all of our equipment. (What’s broken, fixed, and etc.) You must return given equipment in the same condition it was given to you. You will be charged for returned damaged equipment. If you receive any equipment that already has any damage, let quartermasters, SPL, or any staff know immediately to avoid any charges.

72 HOURS CANCELATION POLICY: If for any reason you are no longer able to attend this trip, you must let one of the staff and or officers in charge know at least 72 hrs. before the trip. If you fail to do so, you will be penalized with negative points and may be placed in the alternate list for the next trip.

6) Contact Information:

SPL
ASPL
P

Rebecca Angulo Activities Manager (626) 362-2520