



# Felix Ventures Foundation

Bike Training #1 -Cal Poly Pomona  
Saturday, October 10, 2026- 7:00am to 3:00pm

## Meeting Agenda

1. Important Dates and Information
2. Itinerary
3. List of what to bring (Packing List)
4. Biking Rules
5. FVF Policies
6. Contact Information

## 1) Important Dates and Information

Turn permission slips at Workman HS to FVF office (L-1) OR at La Puente HS to FVF office next to Nurse's office- or you may take a picture, scan, or upload your PS via email @ [fvfofficers@gmail.com](mailto:fvfofficers@gmail.com) any issues text: Rob Meyer 702-283-7291  
Permission slips are Due by Thursday, October 8, 2026

|                                                 |                           |                    |
|-------------------------------------------------|---------------------------|--------------------|
| Organizational Meetings (SPL/ASPL/Lead Officer) | LPHS: Tues, Sept 29, 2026 | Time 3:30 Room 1   |
|                                                 | WOHS: Wed, Sept 30, 2026  | Time 12:47 L-1     |
| Food & Supplies Shopping (SPL's)                | WOHS: Thur, Oct 8, 2026   | Time 3:30-5:30pm   |
| Bike Inspection Day (Quartermasters/Presidents) | WOHS: Thur, Oct 8, 2026   | Time 3:30-5:30pm   |
| Driver Zoom Meeting (All adults attending)      | Thur, Oct 8, 2026         | Time 6:00pm-7:00pm |
| Meeting ID: 818 9468 2443                       |                           |                    |
| Passcode: FELIX                                 |                           |                    |

Group chat: All attendees will be placed in a text group chat 1-2 days prior to the event/outing. All drivers and adults will be required to attend a Zoom drivers meeting a day or two prior to the event/outing.

## 2) Itinerary

### **Saturday, October 10**

|                 |                                                                                                                                                                                                                                                                                      |
|-----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:00am-7:30am   | Meet at Workman/ Check Everyone's Bikes/ Fill Waterbottles and Lunch/ Helmets/ Assign Leader and Tail w Yellow Jackets/ Review Biking Rules<br><i>-Venturers need to have breakfast Before Coming. All riders MUST wear a Helmet and have a water bottle with them while riding.</i> |
| 7:30am-11:00am  | Count Off/ Departure: Ride to Cal Poly                                                                                                                                                                                                                                               |
| 11:00am-12:00pm | Lunch: Please Bring Food, not just \$\$ We will have cold Water for you to Refill                                                                                                                                                                                                    |
| 12:00pm-1:00pm  | Tour the College                                                                                                                                                                                                                                                                     |
| 1:00pm-3:00p    | Count Off/ Go over Downhill Safety/ Lead and Tail check/ Back to Workman                                                                                                                                                                                                             |

3:00

Arrive back at Workman/ Turn in helmets and safety vests

### **3) Packing List.**

#### **Ten Essentials: DAY PACK**

1. Water Bottle (Dishwasher Safe, 32 oz - 36 oz)
2. Helmet (Mandatory)- FVF Rentals are \$2.00
3. LUNCH and \$5-10 spending/emergency money
4. Wipes for hands/face
5. Whistle- FVF \$1.50-\$2.00
6. Medication if needed
7. Travel size First Aid Kit FVF \$3.00
8. Wrist Watch (not your cell phone)
9. \* Camera/Sunblock/Sun Glasses/Sun Hat/Rear View Mirror/Biking Gloves

\* NOT REQUIRED BUT RECOMMENDED

#### **Clothing:**

1. Sweater/ layers/ Can leave in the cars or wrap on bike if hot
2. Comfortable T Shirt or Long Sleeve
3. Comfortable Shoes (running shoes, open toe shoes NOT recommended)
4. Active wear pants (Jeans not recommended)

### **4) Biking Rules:**

#### **Cycling Rules**

Traffic signs and signals tell drivers when to stop and when to go. They warn of railroad crossing and other hazards and tell you where you may ride. Bicycle riders are considered vehicles; **bicyclist must obey all traffic signs and signals.**

#### **Traffic Lights**

**Red:** Stop at red lights. Proceed when safe to do so.

**Yellow:** A yellow light is a warning that the light is about to turn red for a car, for you it's a red light.

**Green:** You may go on a green light, but you must look carefully to see if it is safe to go first.

#### **Stop Sign**

Come to a complete stop, at least for three seconds. Look to the right and the left. Proceed when safe to do so.

#### **Yield**

Slow down and let other vehicles or pedestrians go before you.

#### **Pedestrians Crosswalk**

Near a crosswalk, always watch both sides of the street for pedestrians. Pedestrians have the right of way.

### **School Crossing**

At the School crossing, you **must** let pedestrians go first.

### **Railroad Crossing**

Stop. Look for flashing lights and listen for the train whistle. **Never** ride through, around or under any crossing gate.

### **Road Construction**

Watch for bumpy roads and large equipment.

### **Safety precautions**

1. In commercial areas watch for exits and entrances of cars that are coming in/out of the shopping center.
2. Before crossing a street make sure to look behind and check for cars that are turning into the street that you're crossing.
3. Always stay in the bike lanes. Sidewalks are for pedestrians only, unless its an emergency.
4. Make sure to keep yourself hydrated.

## **5) FVF Policies Review**

**LOST AND FOUND POLICY:** Anything left behind on trips will go to the Felix Ventures Foundation Lost and Found. You have 7 days to claim your things before it is donated to the Salvation Army.

**ELECTRONICS POLICY:** No use of Phones, iPods, or Gaming Devices allowed DURING any FVF activities. Phone Use will ONLY be allowed in case of emergency. (you got lost in the bike trail)

**DAMAGED EQUIPMENT/LOSS POLICY:** We have checked all of our equipment. (What's broken, fixed, and etc.) You must return given equipment in the same condition it was given to you. You will be charged for returned damaged equipment. If you receive any equipment that already has any damage, let quartermasters, SPL, or any staff know immediately to avoid any charges.

**72 HOURS CANCELLATION POLICY:** If for any reason you are no longer able to attend this trip, you must let one of the staff and or officers in charge know at least 72 hrs. before the trip. If you fail to do so, you will be penalized with negative points and may be placed in the alternate list for the next trip.

**EQUIPMENT CLEANING:** All student attendees are required to remain after each trip to assist with equipment cleaning. Students must receive prior approval from a director if they need to leave before cleaning

is completed. Any student who does not participate in equipment cleaning will be required to complete one (1) hour of volunteer service at a later, pre-designated time set by FVF.

**CLEANING CAR POLICY:** After all Felix Ventures activities. Venturers are required to clean (vacuum) the vehicle used for the activity. You cannot get picked up until it is DONE.

**PERMISSION SLIP:** First come first serve basis! Must have all your paperwork, enrollment packet, turned in as well as your physical (Part C of the medical form)!

## **6) Contact Information:**

|            |                 |                |
|------------|-----------------|----------------|
| Rob Meyer  | FVF Program Mgr | (702) 283-7291 |
| Yuri Duran | FVF Director    | (626) 388-6123 |